

School Lunches

Hot Lunches

Hot lunches are served daily. A monthly menu is sent home in Friday Folders, is published in the local paper and is also available on the school website. Our school has a computerized cashier system. Each student has a debit account and pin # set up for their use. Please keep money in this account if you want your student to use the lunch program. Please make checks payable to: BVSD. A credit card payment option is available online at <http://www.payforit.net/>, or call the Accounting Department at 303-447-5138 (please note you will need a student id # to set this program up). **The cashier requests that payment for hot lunches be made in increments of 10 lunches or a minimum of \$20.00 per payment to keep their bookkeeping to a minimum.**

Students may refuse one or two of the four components of the school lunch. The five components are meat or a meat alternative, two sources of fruit/vegetable, bread or bread alternative, and low fat milk.

Free and reduced hot lunches are available for eligible families through a federally funded program. Parents may apply anytime during the school year by filling out a form and returning it to school. This form is available online at www.bvdsd.org. Students will receive a free or reduced price (\$.25) lunch if the family qualifies according to Federal Income guidelines. Please feel free to call the office if you have any questions or would like to apply for this program.

Lunch Prices for 2007-2008 are:

Student Hot Lunch with milk	\$2.25
Adult Hot Lunch w/o milk	\$3.00

Ala Carte Items:

Milk	\$0.50	Silk Soy Milk	\$1.00
Orange Juice (with Doctor's note only)	\$0.50		
Tiger Health Bars	\$1.00		

Sack Lunches

Children may also bring their own lunch from home. We request that no glass be brought to the school. Children can purchase milk, soymilk or orange juice to drink with their sack lunches. Please do not send your child with soda pop for lunch. Children who forget their lunch and/or do not have lunch money will be provided a cheese sandwich and milk.

Recess Before Lunch Schedule

As recommended by Boulder Valley School District's Nutrition & Wellness policy, Douglass students eat their lunch after they have enjoyed their 20-25 minute recess. Please see page 1 for lunch recess times.